

## **CP Bulldog COVID-19 Procedures**

1. All coaches and athletes will be screened for signs/symptoms of COVID-19 prior to practices and games.
2. Players must report to the recording adult prior to entering the locker room.
3. Responses to screening questions for each person will be recorded and stored so that there is a record of everyone present in case someone develops COVID-19.
4. Any person with positive symptoms is not allowed to take part in practices or games. Players can return to play when symptom free or if a COVID-19 test is negative.
5. If a player is exposed to anyone with COVID-19, they must quarantine for 14 days.
6. All players must bring their own water bottle. Water bottles must not be shared and must be clearly labeled.
7. Athletes should not share clothing or towels.
8. Masks must be worn at facilities and in locker rooms.
9. When not directly participating in practices or contests, care should be taken to maintain a minimum distance of 3 to 6 feet between each individual.
10. Each rink we play in can make its own COVID-19 restrictions. We will provide the information about rink specific requirements via the Team App. Please be sure you check communications regularly.

### **Midwest Training and Ice Recommended Guidelines and Protocols for 2020/2021 Hockey Season**

11. All players, coaches, parent, fans, and League officials who attend Midwest Training and Ice must wear a facial covering during the entire event, except for on-ice game play. This includes lobby meetings with coaches and inside locker rooms.
12. There may be medical staff on site measuring the body temperature of all those entering the Midwest Training and Ice Center.
13. Posters displaying CDC Guidance on Proper Social Distancing and Personal Sanitation practices will be present and visible throughout the Midwest Training and Ice Center.
14. Midwest expects adherence to the social distancing protocol of 6 feet apart inside the building at all times, including a limit of 20 players at a time in the locker room unless guidelines are changed ahead of the event. Bench coaches will be expected to monitor and enforce these limitations.
15. If any player or coach, begin to feel sick or have coronavirus/COVID-19- related symptoms, that person must leave the premises immediately.
16. Players will check in no sooner than 90 minutes before their scheduled game.
17. All player stretching and dry-land warm-ups are to be done outside the building if possible, respecting social distancing guidelines.
18. Midwest will have sanitation stations and hand sanitizer dispensers placed throughout the rink. All players and coaches, are expected to regularly sanitize their hands throughout their event.
19. No handshakes will be allowed at any time, following social distancing guidelines.
20. Players may not share any water bottles - each player must provide their own and are personally responsible for ensuring its use by only themselves. Tape with a name on it is strongly encouraged. Sharing of any hockey equipment is also prohibited.
21. All locker rooms will be sanitized after each game. Proper sanitation requires 15 minutes with no person or persons entering these rooms during this sanitizing process.
22. Midwest Training and Ice Center in Dyer, Ind., will have five locker rooms available for use for each game.
23. Coaches, parents, and fans will be required to wear facemasks in the building, on the bench.
24. Midwest Training will ask that all those entering the building do so through the main front doors, but all will exit through the south door of the ice arena.